

Patterns
Celebrate Good Times
August 23, 2015

This is the day the Lord has made; let us rejoice and be glad in it.
Psalm 118:24 (NIV)

Why is Celebration a great place to start when talking about spiritual formation?

1. Joy is at the heart of God's _____ for _____.
 - Creation, Old Testament feasts, the Sabbath...
 - Jesus in John 15:11
 - Philippians 4:4
2. Somewhere along the way we have _____.

Spiritual celebration means doing things that bring joy to us while reflecting on the wonderful God who has given us such wonderful gifts.

How do I (re)create my capacity for joy?

1. _____.
2. Have at least on _____ in _____.
3. Be _____ with _____.
 - Create a _____.
 - _____
4. I must _____ from a _____.
 - Revelation 21:3-4

"Rejoice in the Lord always; again I will say, Rejoice!"
Paul in Philippians 4:4 (NIV)

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